

**PLEASE BRING YOUR CURRENT INSURANCE CARDS AND
MEDICATION LISTS.**

***Some insurance companies may not cover this procedure.
Contact your insurance company by calling the phone
number on your insurance card.***

***Some insurance companies require a pre-authorization for
the facility and the procedure. As a courtesy we will try to get
the authorization but ultimately this is your responsibility to
make sure this is done.***

**If you are unable to keep your scheduled appointment,
please call our office.**

**A cancellation fee of \$200 may be billed to you if you do not
keep your procedure appointment without a 72 hour notice.**

***Salem Endoscopy Center, LLC, is owned and operated by the
physician shareholders of Salem Gastroenterology
Consultants, P.C. who assume the responsibility for
providing the highest quality of endoscopic care in a friendly,
comfortable and confidential environment.***

Revised 4/7/10

SALEM GASTROENTEROLOGY CONSULTANTS

875 OAK ST SE, Building C, SUITE 3010, SALEM OR 97301
PHONE: 503-399-7520 FAX: 503-362-7344

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Hemorrhoid Banding Preparation

**You can purchase the laxatives, fiber supplements, and enema at the
pharmacy in the laxative section.**

**Salem Endoscopy Center located at:
Salem Hospital Campus
875 Oak Street S.E., Building C, 3rd floor
Suite 3095**

www.salemgastroenterology.com

Date of exam: _____ Check in time: _____

**Please call 503-399-7520 with any questions. Press option 2
for scheduling and then option 2 again for procedure schedulers.
Our phone hours are 8:30a.m. to 12noon & 1:15p.m to 5:00p.m.**

HEMORRHOID BANDING PREPARATION:

*****Notify us ASAP if you have an allergy to Latex*****

1. You will need to purchase one FLEET Enema, one bottle of a fiber supplement (Metamucil, Citrucel, Konsyl, or Benefiber) and a small bottle of Milk of Magnesia.
2. **Begin a CLEAR LIQUID DIET 12 hours prior to exam. (No solid food)**
Examples of a clear liquid diet:
 - Water, coffee, tea, (NO milk or creamers)
 - Clear fruit juices without pulp or cloudiness
 - Soda pop, Gatorade, Bouillon, Popsicles, & JELL-O.***Avoid all RED colored liquids***
3. Use one FLEET Enema (saline or phosphate based) per rectum one hour before your exam. Follow the instructions on the box. (Do **NOT** use mineral oil Enemas)
4. You may continue your normal prescription medications **unless** you are on a major blood thinner such as Coumadin, Warfarin, Plavix, Ticlid or Effient then you will need to get special instructions from our office.

No sedation is given for this procedure, but you will want to go home and rest due to some discomfort following the banding.

Please keep all valuables at home but bring your insurance card.

DATE OF EXAM: _____ **Check in time:** _____

Please call 503-399-7520 with any questions. Press option 2 for scheduling and then option 2 again for procedure schedulers.

Post procedure instructions:

1. It is helpful to keep your stools soft and avoid straining.
2. Use 1 tablespoon of fiber powder once or twice a day and drink at least 8 to 10 glasses of water throughout the day.
3. Begin taking 1-2 oz of Milk of Magnesia before bedtime, if you have not had a bowel movement by the second day after the procedure.
4. If you still have not had a bowel movement by the 4th day after having your procedure, call during clinic hours for advice. 8:30a.m. to 5:00p.m. Monday thru Friday.
5. After bowel movements, you may want to sit in a warm water bath if you experience any muscle spasms.

****Call our office immediately if you develop a fever over 101.5, have trouble urinating or persistent bleeding more than a ½ a cup.**

We can assess your progress about 4 weeks after the procedure and place additional rubber bands if needed. Call to make an appointment that is convenient for you if you are still symptomatic from your hemorrhoid(s).

If you have any questions following your procedure contact our nursing department at 503-399-7520 Press option 3 and then option 3 again to speak to a nurse. Our phone hours are 8:30a.m. to 12noon & 1:15p.m to 5:00p.m. Monday thru Friday.